

DID YOU KNOW....



According to the West Fork Village covenants, 15.9, every pet must have written permission from either the Board of Directors or the Onsite Manager to be on any portion of the Project. To obtain permission a Pet Registration form can be found at:

The Clubhouse office and/or
The Website www.westforkvillage.org

....please note that alcohol is no longer allowed in the clubhouse except during parties when a Party Reservation has been submitted and approved.

Our Community

Want to get to know your neighbor? Here are a few suggestions on how to do just that. Let us know which one(s) would interest you most by checking those you would attend and slipping the coupon into the HOA slot in the mailroom.

Next board meeting

❖ March 20, 2014 at 6:30p.m.



5775 W. 29th St #1601
Greeley, CO 80634

Village Voice



The Condo Dog

By Anita McAllister,
Animal Behavior College Certified Dog Trainer and
AKC Certified Canine Good Citizen Evaluator

Having a dog in a condo is nothing like having a dog in a house. You can't just open the back door and let him outside---you have to put the leash on him and go with him, even when it's freezing cold outside. It's a whole different world with a completely new set of training needs.

When you take up residence in a condo you become part of a very close community. Even if you don't associate with your neighbors, you are all part of the same community sharing the same common areas together. That atmosphere necessitates consideration for the needs and comforts of everyone else in that community. There is a certain way you behave in a condominium complex that is based on good old common sense.

I have put together some basic tips for Condo Dog Owners, based on my own experience living in West Fork Village over the past 10 years. If every dog owner followed the suggestions in this list, there would be many more apartment buildings that would be willing to open their doors to dog owners.



THE TEN COMMANDMENTS FOR CONDO DOG OWNERS

1. Always carry a plastic bag and clean up after your dog. If you use a common grassy area, you'll want to help keep it clean. This is in the covenants and a city code, and you are subject to a fine if it is not cleaned up.
2. Always have your dog on a leash. No dog, no matter how well trained, should be off their leash.
3. Keep your dog on a short leash and close to you when walking past unfamiliar dogs.
4. Do not allow your dog to run up to anyone. As hard as it is to believe, not everyone likes dogs. If someone wants to pet your dog, have your dog sit before the person approaches and keep him sitting during the encounter.

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There are some people who may walk right up to pet your dog without asking. If your dog is on a short leash, you have much better control of the situation.

5. Never let your dog jump up on people, no matter how small the dog is. Teach your dog to sit for praise and petting. Dogs that jump on people can cause a person to be knocked over or scratched.
6. Teach your dog not to bark. Dog barks get very loud, even from a small dog, when inside any building. There will be times when your dog will be surprised by something and bark, but you can teach him to stop barking on command just like you can teach him to speak on command.
7. When you encounter another resident dog on the grounds of West Fork Village or other areas, keep your dog on a very short leash and if possible, have him sit or lie down while the other dog passes you—especially if yours is very large. Keep control of the situation.
8. If you want to introduce your dog to another one, ask the other resident first “Is it okay if my dog meets your dog?” If they say yes, get control first. Don’t let your dog approach the other one until he/she is calm. If one of them is showing dominant behavior, such as fixating/staring, tail and/or body stiff, hackles up, it may be best not to push that introduction.
9. ALL dogs, including small and toy breeds and older dogs need a minimum of 45 minutes of exercise every day. You are your dog’s guardian and it’s your responsibility to provide them with adequate food, water, exercise, and attention. If your dog is demonstrating bad or destructive behavior at home, he/she is not getting enough exercise. Try getting up a ½ hour earlier in the morning to walk them. A tired dog won’t get into as much trouble.
10. Enroll your dog in an obedience class, or do a fun activity that fulfills their lives—agility, fly ball, tracking, herding etc. This will help you and your dog to bond.

All of the above tips should be practiced even when no one else is around you. If you always have your dog under control when on the common grounds, the dog will accept this as normal behavior that is expected of him. He won’t view it as something that happens only when others are around.

If you would like more information on any of the above, please feel free to contact me at 970-515-6882 or email me at anitam1957@gmail.com. Check out Anita on these websites:

- ❖ http://www.animalbehaviorcollege.com/dog_trainer_details.asp?TrainerID=150
- ❖ <http://dogtrainers-colorado.com/>
- ❖ <http://www.rover.com/anita350>



Watch for upcoming information on a **Free dog clinic early spring 2014.**

Food for Fun

Blackened Chicken with Broccoli Slaw

Ingredients

- ✓ 2 lemons
- ✓ 1/3 cup mayo
- ✓ 1 bag(12oz.) broccoli slaw
- ✓ 1 1/3 lbs. chicken tenders
- ✓ 3 tbsp. Cajun seasoning
- ✓ 2 tbsp. canola oil

Serves 4

Preparation

- ❖ Preheat skillet over medium-high.
- ❖ In a bowl, whisk juice of 1 lemon with mayo.
- ❖ Toss with slaw; season.
- ❖ Cut remaining lemon into wedges.
- ❖ In skillet, combine chicken with Cajun seasoning and oil.
- ❖ Arrange in an even layer and cook over medium until browned on both sides, 5 minutes.
- ❖ Serve with slaw and lemon wedges.

Tips for Winter Wellness

1. Go for a walk
2. Instead of picking up a cup of hot chocolate to keep yourself warm, try a herbal beverage.
3. Gain an interest in indoor sports as opposed to cycling and jogging outdoors. Don’t forget that swimming at an indoor pool is an option for a great cardio workout!

Tips from www.healthstatus.com



Guest Suites...

There’s Always Room for One More!

Do you have out-of-town guests coming for a visit? Book a suite at just \$60 and \$75 a night.

Your visitors will enjoy full access to the Clubhouse facilities including the pool, sauna, fitness room and fireside lounge.

Guests will enjoy a complementary continental breakfast in the Guest Suite breakfast nook every morning of their stay (if booked and requested in advance).

Not only will your visitors love their luxurious accommodations, but you will avoid the headache of deep cleaning your home and navigating extra piles of luggage.

Call (970) 378- 7502 to reserve your suite today.

Guest Suite A

The Family Suite (Sleeps 4)

\$75.00/night + tax

Two queen beds, jetted tub, computer desk, TV, large closet, continental breakfast if requested.

Guest Suite B

The Honeymoon Suite (Sleeps 2)

\$60.00/night + tax

One queen bed, jetted tub, TV, continental breakfast if requested.

